



J. STEVE SMITH, M.D.

Professional Practice:

Aptiva Health – Director of Orthopedics & Sports Medicine
www.aptivahealth.com-dr-steve-smith

Education:

- May 2001 Doctor of Medicine, University of Kentucky College of Medicine. Lexington, Kentucky.
- May 1997 Bachelor of Science, Western Kentucky University. Bowling Green, Kentucky. *Summa Cum Laude.*

Medical Training:

- 2006-2007 *Fellow:* Kerlan-Jobe Orthopaedic Clinic, Sports Medicine. Los Angeles, California.
- 2002-2006 *Resident:* Department of Orthopaedics, University of Rochester. Rochester, New York.
- 2001 *Intern:* Department of Orthopaedics, University of Rochester. Rochester, New York.

Licensure and Certifications:

American Board of Orthopaedic Surgery. Board Certified 2009, Recertified 2018

Societies:

American Orthopaedic Society for Sports Medicine (AOSSM)
American Academy of Orthopaedic Surgery (AAOS)
Greater Louisville Medical Society (GLMS)
Kentucky Medical Association (KMA)
Southern Orthopaedic Association

Specialty:

Arthroscopic Surgery
Sports Medicine
Shoulder Arthroplasty/Knee Arthroplasty
Shoulder, Knee, Elbow Reconstruction

Hospital Affiliations:

Baptist Hospital East. Louisville, Kentucky.
Physicians Medical Center. New Albany, Indiana

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Sports Medicine Experience:

Current Team Physician/Orthopaedic Consultant:

Ballard High School
North Oldham High School
Anderson County High School

Assistant Team Physician/Orthopaedic Consultant (Formerly):

Centre College, NCAA Division III
2008 Ryder Cup
Los Angeles Dodgers, Major League Baseball
Los Angeles Lakers, National Basketball Association
Los Angeles Sparks, Women's National Basketball Association
Los Angeles Kings, National Hockey League
Los Angeles Angels of Anaheim, Major League Baseball
Anaheim Ducks, National Hockey League
Los Angeles Galaxy, Major League Soccer
Los Angeles Avengers, Arena Football League
Fullerton College Football, North Orange County Community College

Rochester Redwings, Triple-A Professional Baseball.
University of Rochester Football, Division III Collegiate Football.
Rochester Americans, The American Hockey League.
Rochester Raging Rhinos, A-League, United Soccer League.
Rochester Brigade, Arena Football League 2.
Webster Shroeder Football, Class AA New York State High School Football.

Collegiate Athletic Experience:

Western Kentucky University Baseball Team, Sun Belt Conference, Division I NCAA Baseball.

Poster Presentations:

Comparison of Arthroscopy and MR Imaging for Grading of Knee Chondromalacia. Smith, J.S.; Bissell, S.; Proulx, S.; Maloney, M.; Totterman, S.M.S.; Lerner, A.L. 52nd Annual Meeting of the Orthopaedic Research Society, 2006.

Adolescent Females and Males with Valgus Knee Alignment Use Different Postural Control Strategies During Single Leg Stance. Smith, S.; Nyland, J.; Armsey, T.; Johnson, D. American Academy of Orthopaedic Surgeons 2000 Annual Meeting.

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Publications:

Managing Meniscal Injuries: The treatment. Goldblatt, JP; LaFrance, RM; Smith, JS. *Journal of Musculoskeletal Medicine*. December, 2009.

Managing Meniscal Injuries: The diagnosis. Goldblatt, JP; LaFrance, RM; Smith, JS. *Journal of Musculoskeletal Medicine*. August, 2009.

Electromyographic analysis of forearm muscles in professional and amateur golfers. Farber AJ, Smith JS, Kvitne RS, Mohr KJ, Shin SS. *American Journal of Sports Medicine*. February, 2009

Cuboid dislocation in a professional baseball player. Smith, J.S.; Flemister, A. *American Journal of Sports Medicine*. January, 2006

Improved meniscal injury diagnosis with MRI. Goldblatt, J.P.; Smith, J.S. *The Journal of Musculoskeletal Medicine*. March, 2005.

Meniscal injuries: The treatment options. Goldblatt, J.P.; Smith, J.S. *The Journal of Musculoskeletal Medicine*. April, 2005.

Frontal plane knee angles affects dynamic postural control strategy during unilateral stance. Nyland, J.; Smith, S.; Beickman, K.; Armsey, T.; and Caborn, D.N. *Medicine and Science in Sports and Exercise*, 34(7): 1150-7, 2002.

Professional Talks:

Arthroscopic Treatment of Anterior Shoulder Dislocation. University of Louisville Grand Rounds. March 2012

Management of First Time Shoulder Dislocation. Arthrex Surgeon Training Course. February 2011.

Surgeon Expectations. HillCo Distribution Annual Meeting. September 2009.

Shoulder Concepts: Rotator Cuff Tears. Baptist East Hospital Grand Rounds. March 2009

Ulnar Collateral Ligament Insufficiency. Kentucky Orthopaedic Rehabilitation Team Lecture Series. November 2008.

Elbow Injuries in Athletes. Kerlan Jobe Orthopaedic Grand Rounds. 2007

Comparison of Arthroscopy and MRI Findings in Cartilage Defects. Plato Schwartz Lecture. 2006.