



J. Steve Smith, MD

EDUCATION

Sports Orthopedic Fellowship Training Program Kerlan-Jobe Orthopaedic Clinic, Sports Medicine. Los Angeles, California	2006-2007
Orthopedic Residency Training Program University of Rochester Rochester, New York	2001-2006
Medical Doctorate University of Kentucky College of Medicine Lexington, KY	May 2001
Bachelor of Science in Biology Western Kentucky University Bowling Green, KY	May 1997

PROFESSIONAL WORK EXPERIENCE

Orthopedic Surgeon Aptiva Health Louisville, Kentucky	January 2023 – present
Orthopedic Surgeon Louisville Orthopedic Clinic Louisville, Kentucky	July 2008 – December 2022



LICENSES / CERTIFICATIONS

- American Board of Orthopaedic Surgery (ABOS)
- American Orthopaedic Society for Sports Medicine (AOSSM)
- American Academy of Orthopaedic Surgery (AAOS)
- Greater Louisville Medical Society (GLMS)
- Kentucky Medical Association (KMA)
- Southern Orthopaedic Association

PUBLICATIONS / PRESENTATIONS

LITERATURE:

- **Managing Meniscal Injuries: The treatment.** Goldblatt, JP; LaFrance, RM; **Smith, JS.** *Journal of Musculoskeletal Medicine.* December, 2009.
- **Managing Meniscal Injuries: The diagnosis.** Goldblatt, JP; LaFrance, RM; **Smith, JS.** *Journal of Musculoskeletal Medicine.* August, 2009.
- **Electromyographic analysis of forearm muscles in professional and amateur golfers.** Farber AJ, **Smith JS,** Kvitne RS, Mohr KJ, Shin SS. *American Journal of Sports Medicine.* February, 2009.
- **Cuboid dislocation in a professional baseball player.** **Smith, J.S.;** Flemister, A. *American Journal of Sports Medicine.* January, 2006.
- **Improved meniscal injury diagnosis with MRI.** Goldblatt, J.P.; **Smith, J.S.** *The Journal of Musculoskeletal Medicine.* March, 2005.
- **Meniscal injuries: The treatment options.** Goldblatt, J.P.; **Smith, J.S.** *The Journal of Musculoskeletal Medicine.* April, 2005.
- **Frontal plane knee angles affects dynamic postural control strategy during unilateral stance.** Nyland, J.; **Smith, S.;** Beickman, K.; Armsey, T.; and Caborn, D.N. *Medicine and Science in Sports and Exercise,* 34(7): 1150-7, 2002.

POSTERS:

- **Comparison of Arthroscopy and MR Imaging for Grading of Knee Chondromalacia.** **Smith, J.S.;** Bissell, S.; Proulx, S.; Maloney, M.; Totterman, S.M.S.; Lerner, A.L. 52nd Annual Meeting of the Orthopaedic Research Society, 2006.
- **Adolescent Females and Males with Valgus Knee Alignment Use Different Postural Control Strategies During Single Leg Stance.** **Smith, S.;** Nyland, J.; Armsey, T.; Johnson, D. American Academy of Orthopaedic Surgeons 2000 Annual Meeting.

SPEAKING ENGAGEMENTS / PRESENTATIONS:

- **Arthroscopic Treatment of Anterior Shoulder Dislocation.** University of Louisville Grand Rounds. March 2012.



- **Management of First Time Shoulder Dislocation.** Arthrex Surgeon Training Course. February 2011.
- **Surgeon Expectations.** HillCo Distribution Annual Meeting. September 2009.
- **Shoulder Concepts: Rotator Cuff Tears.** Baptist East Hospital Grand Rounds. March 2009
- **Ulnar Collateral Ligament Insufficiency.** Kentucky Orthopaedic Rehabilitation Team Lecture Series. November 2008.
- **Elbow Injuries in Athletes.** Kerlan Jobe Orthopaedic Grand Rounds. 2007
- **Comparison of Arthroscopy and MRI Findings in Cartilage Defects.** Plato Schwartz Lecture. 2006.

CONSULTING ENGAGEMENTS

CURRENT:

Team Physician/Orthopaedic Consultant:

- Ballard High School
- North Oldham High School
- Anderson County High School

FORMER:

Assistant Team Physician/Orthopaedic Consultant:

- Centre College, NCAA Division III
- 2008 Ryder Cup
- Los Angeles Dodgers, Major League Baseball
- Los Angeles Lakers, National Basketball Association
- Los Angeles Sparks, Women's National Basketball Association
- Los Angeles Kings, National Hockey League
- Los Angeles Angels of Anaheim, Major League Baseball
- Anaheim Ducks, National Hockey League
- Los Angeles Galaxy, Major League Soccer
- Los Angeles Avengers, Arena Football League
- Fullerton College Football, North Orange County Community College
- Rochester Redwings, Triple-A Professional Baseball
- University of Rochester Football, Division III Collegiate Football
- Rochester Americans, The American Hockey League
- Rochester Raging Rhinos, A-League, United Soccer League
- Rochester Brigade, Arena Football League 2
- Webster Shroeder Football, Class AA New York State High School Football

